



## Recommended Reading List

### **What Works with Teens: A Professional's Guide to Engaging Authentically with Adolescents to Achieve Lasting Change**

Britt H. Rathbone & Julie B. Baron: New Harbinger Publications .

### **Working with Adolescents: A Guide for Practitioners, Clinical Practice with Children, Adolescents, and Families**

Julie Anne Laser & Nicole Nicotera: Guilford Press Publishers

### **Raising an Emotionally Intelligent Child**

John Gottman & Joan DeClaire: Prentice Hall & IBD Publishers

### **Unhappy Teenagers A Way for Parents and Teachers to Reach Them**

William Glasser: HarperCollins Publishers

### **Adolescent Psychotherapy: A Radical Relational Approach**

Bronagh Starrs: Routledge Publishers

### **Evidence Based Psychotherapy with Adolescent: A Primer For New Clinicians**

Joanna Ellen Bettmann: OUP USA Publishers

### **Cover Up Understanding Self-Harm**

Joan Freeman: Veritas Publications

### **Overcoming Self Harm and Suicidal Thoughts, A Practical Guide for the Adolescent Years**

Liz Quish: Hammersmith Health Books Publisher

### **The Suicidal Mind**

Edwin S. Shneidman: Oxford University Press Publishers

### **The Polyvagal Theory on Therapy: Engaging the Rhythm of Regulation**

Deb Dana: W. W. Norton & Company Publishers

### **A Therapeutic Treasure Box for Working with Children and Adolescents with Developmental Trauma**

Dr. Karen Treisman: Jessica Kingsley Publishers

### **Cognitive Behavioural Therapy for Adolescents and Young Adults**

Lawrence Howells: Routledge Publishers



**Motivational Interviewing with Adolescents and Young Adults**

Sylvia Naar King & Mariann Suarez: Guilford Press Publishers

**Solution-Focused Therapy with Children and Adolescents: Creative and Play-Based Approaches**

Elizabeth R. Taylor: Routledge Publishers

**Becoming a Solution Detective: A Strengths-Based Guide to Brief Therapy**

John Sharry, Brendan Madden & Melissa Darmody: Routledge Publishers

**Learning to Breathe: A Mindfulness Curriculum for Adolescents to Cultivate Emotion Regulation, Attention, and Performance**

Patricia C. Broderick: New Harbinger Publications.

**The Mindfulness Matters Program for Children and Adolescents: Strategies, Activities, and Techniques for Therapists and Teachers**

Randy J. Semple & Christopher Wilard: Guilford Press Publishers

**SandPlay Therapy: A Step by Step Manual For Psychotherapists of Diverse Orientations**

Barnara Labovitz Boik & E. Anna Goodwin: Norton & Company Publishers

**Sandtray Therapy: Everything You Need To Know To Start Using Sandtray Therapy With Your Clients Today**

Michael Elliot Schlein: CreateSpace Independent Publishing

**Contemporary Art Therapy with Adolescents**

Shirley Riley: Jessica Kingsley Publishers

If you would like to review a text for your book review assignment that is not on the recommended reading list please email me the name and author of the text so I can review to ensure its meets the philosophy of the programme.