



Timetable:

Class Time 10am – 5pm

Programme Orientation	Saturday 29th January 7pm – 9.30pm	Zoom
Day 1: Saturday 5 th February	Adolescent Psychosocial Development	Zoom
Day 2: Sunday 6 th February	Adolescent Psychosocial Development	Zoom
Day 3: Saturday 12 th February	Integration of Psychosocial Theories	Zoom
Day 4: Sunday 13 th February	Parenting Theories and Approaches	Zoom
Day 5: Saturday 19 th February	Legal and Ethical Issues	Zoom
Day 6: Saturday 26 th February	Therapeutic Needs Assessment	Zoom
Day 7: Sunday 27 th February	Case Conceptualisation	Zoom
Day 8: Saturday 26 th March	Motivational Interviewing	Zoom
Day 9: Sunday 27 th March	Motivational Interviewing	Zoom
Day 10: Saturday 23 rd April	CBT	Zoom
Day 11: Sunday 24 th April	CBT	Zoom
Day 12: Saturday 7 th May	Trauma	Zoom
Day 13: Sunday 8 th May	Trauma	Zoom
Day 14: Friday 20 th May	Trauma	Zoom
Day 15: Saturday 21 st May	Trauma	Zoom
Day 16: Saturday 11 th June	Suicide and Self Harm	Zoom
Day 17: Saturday 18 th June	Mindfulness	Zoom
Day 18: Sunday 19 th June	Mindfulness	Zoom
Day 19: Saturday 3 rd September	Art Theory Group 1	Zoom
Day 19: Sunday 4 th September	Art Theory Group 2	Zoom
Day 20: Saturday 17 th September	Art Practical Group 1	Class Based
Day 20: Sunday 18 th September	Art Practical Group 2	Class Based



Day 21: Saturday 1 st October	Sand Tray Theory	Zoom
Day 22: Saturday 15 th October	Sand Tray Experiential Group 1	Class Based
Day 22: Sunday 16 th October	Sand Tray Experiential Group 2	Class Based
Day 22: Saturday 22 nd October	Sand Tray Experiential Group 3	Class Based
Day 22: Sunday 23 rd October	Sand Tray Experiential Group 4	Class Based
Programme Closing	Friday 4th November 7pm – 9.30pm	Zoom

Tutorials

Participants are expected to attend 2 tutorials online via Zoom.

You will be assigned to either Group 1 or Group 2 post course orientation.

- **Tutorial 1**

Thursday 3rd March 2022 (Group 1)

Friday 4th March 2022 (Group 2)

7pm – 9:30pm – Zoom

- **Tutorial 2**

Thursday 2nd June 2022 (Group 1)

Friday 3rd June 2022 (Group 2)

7pm – 9:30pm – Zoom

Groups

- **Art Theory Zoom**

You will be assigned to either group 1 or 2

- **Art Experiential class-based Tipperary Town**

You will be assigned to either group 1 or 2

- **Sand Tray Experiential class based Tipperary Town**

You will be assigned to either group 1, 2, 3 or 4