



The Greenane Centre

Timetable:

Class Time: 10am – 5pm

Programme Orientation

Facilitator: **Liz Quish**

Monday 12th September 2022, 7pm – 9:30pm

Adolescent Psychosocial Development

Facilitator: **Dr. Alvina Grosu**

Saturday 17th September & Sunday 18th September 2022

Integration of Psychosocial Theories

Facilitator: **Dr. Alvina Grosu**

Saturday 24th September 2022

Parenting Theories & Approaches

Facilitator: **Dr. Alvina Grosu**

Sunday 25th September 2022

Therapeutic Needs Assessment

Facilitator: **Dr. Alvina Grosu**

Saturday 1st October 2022

Case Conceptualisation

Facilitator: **Dr. Alvina Grosu**

Sunday 2nd October 2022

Legal Issues in Adolescent Psychotherapy

Facilitator: **Margaret O'Brien**

Saturday 22nd October 2022

Motivational Interviewing

Facilitator: **Brian Foley**

Saturday 19th November & Sunday 20th November 2022

Cognitive Behavioural Therapy

Facilitator: **Beverley Cummins**

Saturday 10th December & Sunday 11th December 2022



Mindfulness

Facilitator: **Kati Simpson**

Saturday 21st January & Sunday 22nd January 2023

Suicide and Self Harming Behaviours

Facilitator: **Liz Quish**

Saturday 4th February 2023

Trauma

Facilitator: **Patricia Allen Garrett**

Thursday 2nd March & Friday 3rd March 2023

Saturday 25th March 2023

Monday 27th March 2023

Therapeutic Art Theory

Facilitator: **Joanne O' Dwyer**

Saturday 15th April 2023 (Group 1)

Sunday 16th April 2023 (Group 2)

Therapeutic Art Practical - Class Based

Facilitator: **Joanne O' Dwyer**

Saturday 22nd April 2023 (Group 1)

Sunday 23rd April 2023 (Group 2)

Sand Tray Theory

Facilitator: **Helen Hawkins**

Saturday 13th May 2023

Sand Tray Stories Practical - Class Based

Facilitator: **Liz Quish**

Saturday 20th May 2023 (Group 1)

Sunday 21st May 2023 (Group 2)

Saturday 27th May 2023 (Group 3)

Sunday 28th May 2023 (Group 4)



Programme Closing

Wednesday 31st May 2023 from 7 – 9pm. Facilitator: **Liz Quish**

Tutorials

Participants are expected to attend 2 tutorials online via Zoom.

You will be assigned to either Group 1 or Group 2.

Tutorial 1 7pm– 9:30pm

Wednesday 26th October 2022 (Group 1)

Thursday 27th October 2022 (Group 2)

Facilitator: **Liz Quish**

Tutorial 2 7pm – 9:30pm

Wednesday 12th April 2023 (Group 1)

Thursday 13th April 2023 (Group 2)

Facilitator: **Liz Quish**

Groups

Art Theory Zoom

You will be assigned to either group 1 or 2

Art Experiential class-based - Tipperary Town

You will be assigned to either group 1 or 2

Sand Tray Experiential class-based - Tipperary Town

You will be assigned to either group 1, 2, 3 or 4