



## Recommended Reading List

**The Neurodiversity Reader, Exploring Concepts, Lived Experience and Implications for Practice:** *Damian Milton*

**Unmasking Autism, The Power of Embracing our Hidden Neurodiversity:** *Dr Devon Price*

**Autism in Adults:** *Luke Beardon*

**Avoiding Anxiety in Autistic Adults:** *Luke Beardon*

**Neurotribes, The Legacy of Autism and How to Think Smarter About People Who Think Differently:** *Steve Silberman*

**We`re Not Broken, Changing the Autism Conversation:** *Eric Garcia*

**Divergent Mind, Thriving in a World That Wasn` t Designed for You:** *Jenara Nerenburg*

**The Good Guide to Mental Health on the Autism Spectrum:** *Jeanette Purkis, Dr Emma Goodall & Dr Jane Nugent*

**Helping you to Identify and Understand Autism Masking:** *Emma Kendall*

**The Way I See It, A Personal Look at Autism and Asperger's:** *Dr Temple Grandin*

**Unwritten Rules of Social Relationships, Decoding Social Mysteries Through the Unique Perspectives of Autism:** *Dr Temple Grandin and Sean Barron*

**Developing Talents:** *Dr Temple Grandin & Kate Duffy*

**Emergence, Labelled Autistic:** *Dr Temple Grandin*

**Thinking in Pictures:** *Dr. Temple Grandin*

**Loving Your Place on the Spectrum, A Neurodiversity Blueprint:** *Jude Morrow*

**Why Does Daddy Always Look So Sad? A Memoir:** *Jude Morrow*

**Spectrum Women, Walking to the Beat of Autism:** *Barb Cook & Dr Michelle Garnet*

**Women and Girls with Autism Spectrum Disorder:** *Sarah Hendrickx*

**Nine Degrees of Autism:** *Philip Wylie, Wenn Lawson, Luke Beardon*

**The PDA Paradox:** *Harry Thompson*

**Neuroqueer Heresies:** *Nick Walker*



**The Autism Spectrum Guide to Sexuality and Relationships:** *Dr Emma Goodall*

**The Autism Relationships Handbook:** Joe Biel and Faith G. Harper

**A Mismatch of Salience:** *Damian Milton*

**PDA by PDAers:** *Sally Cat*

**Being Julia, A Personal Account of Living with Pathological Demand Avoidance:** *Ruth Fidler & Julia Daunt*

**Workbook and Summary of Burnout:** *Emily Nagoski & Amelia Nagoski*

**The Autistic Trans Guide to Life:** *Yenn Purkis & Wenn Lawson*

**The Autism and Neurodiversity Self Advocacy Handbook, Developing the Skills to Determine Your Own Future:** *Barb Cook & Yenn Purkis*

**I Am Autistic, A Workbook, Sensory Tools, Practical Advice, and Interactive Journaling for Understanding Life with Autism:** *Chanelle Moriah*

**The Autism Revolution, Making Life All It Can Be:** *Martha Herbert & Karen Weintraub*

**I Have Been Buried Under Years of Dust, A Memoire of Autism and Hope:** *Valerie Gilpeer & Emily Grodin*

**The Reason I Jump, One Boy's Voice from the Silence of Autism:** *Naoki Higashida*

**Odd Girl Out:** *Laura James*

**The Dyslexic Adult: Interventions and Outcomes, An Evidence-based Approach:** *David McLoughlin & Carol Leather*

**The Gift of Dyslexia, Why Some of the Brightest People Can't Read and How They Can Learn:** *Ronald Davis & Eldon Braun*

**The Dyslexic Advantage, Unlocking the Hidden Advantage of the Dyslexic Brain:** *Brock & Fernette Eide*

**Dyslexia Is My Superpower, Most of the Time:** *Catherine Drennon, Loyle Carner & Margaret Rooke*

**The DaVinci Method:** *Garret Loporto*

**Driven to Distraction, Recognizing and Coping with Attention Deficit Disorder:** *Ed Halliwell & John Ratey*



**Delivered from Distraction, Getting the most out of Life with Attention Deficit Disorder:**  
*Ed Halliwell & John Ratey*

**Adult ADHD: How to Succeed as a Hunter in a Farmer's World:** *Thom Hartmann*

**ADHD: A Hunter in a Farmer's world:** *Thom Hartmann*

**ADHD and the Edison Gene, A Drug Free Approach to Managing the Unique Qualities of your Child:** *Thom Hartmann*

**ADHD 2.0, New Science and Essential Strategies for Thriving with Distraction, from Childhood through Adulthood:** *Ed Halliwell & John Ratey*

**The Out of Sync Child Grows Up:** *Carol Kranowitz*

**The Out of Sync Child:** *Carol Kranowitz*

**Interoception, The 8<sup>th</sup> Sensory System:** *Kelly Mahler*

**Living with Dyspraxia, A Guide for Adults with Developmental Dyspraxia:** *Mary Colley*

**Dyspraxia, Developmental Co-ordination Disorder:** *Amanda Kirby*

**Can I Tell You About Dyspraxia? A Guide for Friends, Family and Professionals:** *Maureen Boon*

**Can I Tell You About Tourette Syndrome? A Guide for Friends, Family and Professionals:** *Mal Leicester*

**My Stroke of Insight:** *Jill Bolte Taylor*

If you wish to do your book review on a text that is not outlined on the recommended reading list, please email your request to [liz@greenane.ie](mailto:liz@greenane.ie) for approval.

Please include:

- Text Title
- Author
- Publisher
- Year of Publication